



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

**What To Do For Your Child’s Smile!**

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

**Insurance Information**

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

**HMO Contact Information**

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	<a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a>

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



\*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

**Azita Emami, DMD**

Basking Ridge Dental Group  
20 N Finley Ave  
Basking Ridge, NJ 07920  
(908) 696-1588

**Vitaly Friedman, DDS**

21st Century Dental Care PC  
413 King George Rd Ste 201  
Basking Ridge, NJ 07920  
(908) 604-5959

**Atalinder S Bindra, DDS**

Atalinder Singh Bindra Dental Inc  
209 E Union Ave  
Bound Brook, NJ 08805  
(732) 748-3384

**Ming Ding, DMD**

For You Dentistry LLC  
477 Union Ave  
Bridgewater, NJ 08807  
(908) 627-6498

**Ruchika Verma, DDS**

Bright Smiles Dental Care  
720 Rt 202 206 N Bldg 1b Ste 6  
Bridgewater, NJ 08807  
(908) 393-6929

**Gabriel Lerman, DMD**

A2Z Dental PC  
255 N Main St  
Manville, NJ 08835  
(908) 526-2224

**Nicole M Rocha, DDS**

A2Z Dental PC  
255 N Main St  
Manville, NJ 08835  
(908) 526-2224

**Samuel V Meghadri, DDS**

Bridge Smile Dental Group PA  
820 US Highway 202  
Neshanic Station, NJ 08853  
(908) 782-4418

**Melanie Hunt, DMD**

Matheny Medical Educational Center  
65 Highland Ave  
Peapack, NJ 07977  
(908) 234-0011

**Joseph Maggio, DMD**

Matheny Medical Educational Center  
65 Highland Ave  
Peapack, NJ 07977  
(908) 234-0011

**Loay Shadid, DDS**

Wall Street Dental Inc  
13 Wall St Ste 1  
Raritan, NJ 08869  
(908) 725-3451

**Naved S Syed Hussain, DMD**

All Star Dental  
1543 State Route 27 Ste 22  
Somerset, NJ 08873  
(732) 418-5000

**Milad S Issa, DDS**

Dental Design Group LLC  
1303 State Route 27 Ste 4  
Somerset, NJ 08873  
(732) 354-0707

**Jina N Kandas, DDS**

Dental Design Group LLC  
1303 State Route 27 Ste 4  
Somerset, NJ 08873  
(732) 354-0707

**Nwando S Udom, DDS**

Esteem Dental Services  
84 Veronica Ave Ste B1017  
Somerset, NJ 08873  
(732) 210-0505

**Suman Chennadi, DMD**

Bridge Smiles Dental Group PA  
15 N Bridge St  
Somerville, NJ 08876  
(908) 725-0400

**Samuel V Meghadri, DDS**

Bridge Smiles Dental Group PA  
15 N Bridge St  
Somerville, NJ 08876  
(908) 725-0400

**Kavitha Narla, DMD**

All Brite Dentistry  
1 E High St  
Somerville, NJ 08876  
(908) 722-1212